



★ MENU ★

2019/11/25 – 2019/12/6

Date	MON(25)	TUE(26)	WED(27)	THU(28)	FRI(29)
Lunch	Millet Rice	Rice	Corn Rice	Brown Rice	Curry Rice
	Cabbage and Radish soup	Bean sprouts soup	Ground bean soup	Cabbage with soybean soup	Miso soup
	Mapa tofu	Tomato chicken stew	Quail Egg cooked in Soy sauce	Egg roll	Squid and Leek pancake
	Potato pancake	Seasoned dried pollack	Vegetables pancake	Soybean&walnut cooked in Soy sauce	Seasoned green Bean sprouts
	Seasoned Spinach	Stir-Fried Kongxincai	Seasoned Radish	Seasoned Cucumber and Mushroom	
	Kimchi	Kimchi	Kimchi	Kimchi	Kimchi
Morning Snack	Apple	Tangerine	Pear	Citron	Banana
Afternoon Snack	Vegetable rice porridge	Steamed corn	Banquet noodles	Fried sweet potato stick	Rice cake soup
Date	MON(12/2)	TUE(3)	WED(4)	THU(5)	FRI(6)
Lunch	Sorghum Rice	Barely Rice	Rice	Millet Rice	Bibim Bap
	Potato and Radish soup	Spinach with Soybean soup	Dried pollack & Radish soup	Cabbage with soybean soup	Soft tofu soup
	Stir-fried beef and Vegetables	Stir-fried rice cake with Vegetables	Tofu and Vegetables ball	Stir-fried chicked breast and Cabbage	Sunny side up egg
	Burdock cooked in Soy sauce	Potato cooked in Soy sauce	Lotus roots cooked in Soy sauce	Enoki (Mushroom) Pancake	Grilled laver
	Stir-fried Radish	Seasoned Lettuce	Stir-fried zucchini	Seasoned Bok-choyi	
	Kimchi	Kimchi	Kimchi	Kimchi	Kimchi
Morning Snack	Apple	Citron	Banana	Pear	Tangerine
Afternoon Snack	Wheat flakes noodle	Fried Rice cake	Frenchtoast	Potato soup	Fried Vegetables

